

# Cupping Massage Therapy

**Learn Cupping Massage Therapy Atlantic Canada**

## PEIMTA SPECIAL

**Date/Time:** October 28<sup>th</sup>, 2017, 1pm – 5pm

**Location:** The Central Christian Church, 223 Kent Street, Charlottetown

### Fee:

\$220 (plus HST) with includes a 17 piece plastic cups

\$200 (plus HST) which includes a 4 piece silicone set

\$180 (plus HST) without cups

Approved in

Nova Scotia by MTANS, & MTWPAM

Newfoundland by CMTNL

Prince Edward Island by PEIMTA

New Brunswick by NBMA & ANBMT

To register email

[learncuppingmassage@gmail.com](mailto:learncuppingmassage@gmail.com)

A non refundable \$50 deposit is required with registration

## In this condensed 4 hour course:

Experience hands on how effective cupping massage is for you and for your patients. After a brief lecture there will be various demonstrations and practical hands on training. You will leave this course proficient and confident in the use of plastic/silicone cupping and be able to incorporate cupping techniques into your treatments straight away.

Cupping is a great tool to have as a massage therapist or health care practitioner since it helps blend proven old world healing with today's practice. The benefits to your patients are varied and can include; increased circulation, decreased fascial restrictions, increased range of motion and many other benefits (all with minimal effort from you as a therapist). As a therapist, it is a great tool for self-healing and maintenance thereby helping to extend your career.

Under the CMTA guidelines, massage therapists in Nova Scotia are only allowed to practice plastic or silicone (soft based) suction. RMT's are not covered to do the original Chinese Fire Cupping. This course will allow you to become proficient with the plastic/silicone cupping set so that you can incorporate cupping techniques into your treatments right away.



### Instructor Annis Downey BA RMT

Practicing massage for over 10 years, Annis studied the art of cupping massage therapy in 2010 and has incorporated it into her treatments ever since.

Post graduation she studied courses in TCM acupuncture, German Auricular Acupuncture, aromatherapy, soft tissue mobilization, pelvic massage and Gusha.

Annis joined the instructing staff of Canadian College of Massage and Hydrotherapy in 2008 and has enjoyed teaching and keeping current with the latest therapy techniques.